



Wording used for email to participants

Hello xx,

This is an email containing information about a study that is taking place during the Summerfast 5 km race at University of British Columbia. This study is a partnership between the University of British Columbia and Health Canada. The research team obtained your information when you registered for the Summerfast race. Participation is voluntary. More information is contained in this email and we thank you for considering taking part.

LUCIRA CHECK IT COVID-19 Self-Test use in VFAC Summerfast 5km

Principal Investigator: Sabrina Wong, RN, PhD, Professor
UBC School of Nursing, Centre for Health Services and Policy Research
604-827-5584; sabrina.wong@ubc.ca

Research Team: Marc Romney, MD, Associate Professor, St. Paul’s Hospital; Don Sin;
MD, Professor, Faculty of Medicine;
Margaret Moss, JD, RN, PhD, Associate Professor; UBC School of
Nursing

Veena Mudaliar, RN, PhD Student, UBC School of Nursing;
Julie Sou, MSc, Research Assistant, UBC School of Nursing;

Sponsor(s)/Funder: Health Canada

Study Contact: Veena Mudaliar: veena.mudaliar@alumni.ubc.ca

Invitation

You are invited to participate in this voluntary research study conducted by **The University of British Columbia (UBC), School of Nursing**, in collaboration with the **Vancouver Falcons Athletic Club (VFAC)**. This study investigates a self-test for detecting COVID-19. The study will help determine the safest and most efficient way of testing people participating in a large outdoor event.

What is the purpose of the study?

The goals of this study are: 1) To detect COVID-19; 2) Evaluate the LUCIRA COVID-19 test; 3) Learn about COVID-19 self-test programs and inform future testing programs; and 4) Collect feedback from study participants about the LUCIRA test.

Who is conducting the study?



This study is being conducted in partnership between UBC researcher led by Dr. Sabrina Wong and **Vancouver Falcons Athletic Club (VFAC)**. This study is funded by Health Canada.

Who is conducting & funding the study?

This study is being conducted in partnership between UBC researchers led by Drs. Sabrina Wong and Allen Edzerza from the Tahltan First Nation. This study is funded by Health Canada.

Who can participate in this study?

You may be able to participate in the study if you meet all of the following criteria:

- Male or female over 14 years of age
- Participating in the Summerfast 5 km race
- No COVID-19 diagnosis in the past 90 days
- Understand English
- Able to give written informed consent

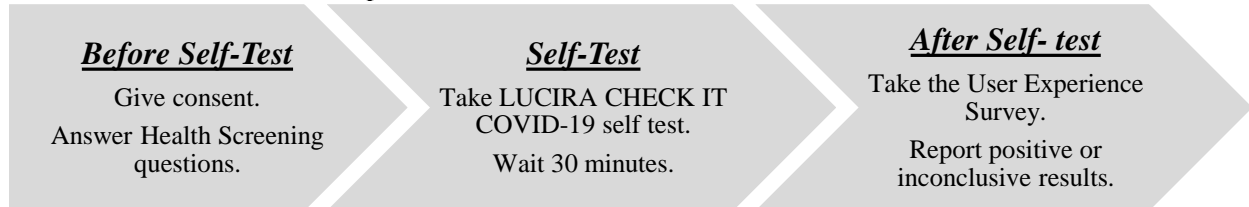
Who should not participate in this study?

You will not be eligible to participate in this study if:

- Under the age of 14
- Diagnosed with COVID-19 in the last 90 days

How is the study done?

Participation in this study will include: 1) Answering health screening questions, 2) LUCIRA self-test (30 minutes), and 3) Completing a User Experience Survey. The health screening questions will ensure that you meet the eligibility criteria and the User Experience Survey will ask you questions about how you felt about the LUCIRA self-test experience.



About the LUCIRA CHECK IT COVID-19 Self-Test:

This is the first authorized over-the-counter COVID-19 self-test in Canada for symptomatic and asymptomatic people. This test uses self-collected nasal swabs, that are stirred into a machine. The test identifies the presence of viral nucleic acids in the sample, similar to an RT-PCR test. Lights indicate when the test is ready to run, running, and finished, and also indicate whether the result is positive, negative, or inconclusive. Results are ready in about 30 minutes. The test and sample is disposed of in the provided disposal bag, then into the trash. **No biological samples will be kept.**

What are the benefits of participating?

Taking part in this study may help to protect the health of children under 12 years of age and vulnerable community members. Participation in this project may help to decrease the risk of COVID-19 transmission in the workforce in your community. In future, other communities and researchers may benefit from these findings.



How will your identity be protected?

Maintaining confidentiality is very important to us and will be respected. You will be assigned a unique study number as a participant in this study. Only this number will be used on any research-related information collected about you during the course of this study. Your identity as a participant in this study will be kept confidential. Information that contains your identity will remain only with the Principal Investigator and/or designate. The list that matches your name to the unique study number that is used on your research-related information will not be removed or released without your consent unless required by law. All study data will be kept on password-protected and encrypted computer files for five years. After this time, all collected data will be removed from computer files and paper copies will be destroyed.

Sincerely,

Dr. Sabrina Wong

Principal Investigator

604-827-5584